

ENTERHEALTH RANCH

ADDICTION TREATMENT

Lapse / Addiction Relapse Consequences Agreement

Below, you will find a blank form for the Lapse, Addiction Relapse Consequences Agreement which is discussed in detail in chapter eight:

The behavior to be avoided: _____

First lapse consequences: _____

Second lapse consequences: _____

Third lapse consequences: _____

Signed by: _____

This is a very powerful tool to prevent lapse, addiction relapse. Make sure that you fill it out early on in the addiction treatment process, before a relapse occurs. It can be very effective, especially if both the addict and family member work with a counselor/sponsor to fill it out and come to a mutual agreement on the specific consequences at each level of re-use.