

Why Can't You Stop Drinking Alcohol and Using Drugs?



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to recover.

Why can't you stop using drugs and alcohol?

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- Do these words sound familiar?
- Asked by family, friends or even yourself?
- A common misconception when it comes to alcohol and drug addiction is that the choice to stop using is obvious, even simple.
- However, the reality is that alcohol and drug addiction is a complex and chronic relapsing medical disease.



Addiction is a Disease of the Brain's Reward System

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- Addiction creates a disabling dependence on a behavior or substance that destroys your ability to make rational choices.
- Similar to chronic diseases like diabetes and asthma, there are treatments available to manage addiction, but like a diabetic, an addict will never be fully cured, and must live a balanced life in recovery.
- Though relapse is common in addiction, treatment has been proven to be effective for people with chronic addiction; there is hope.



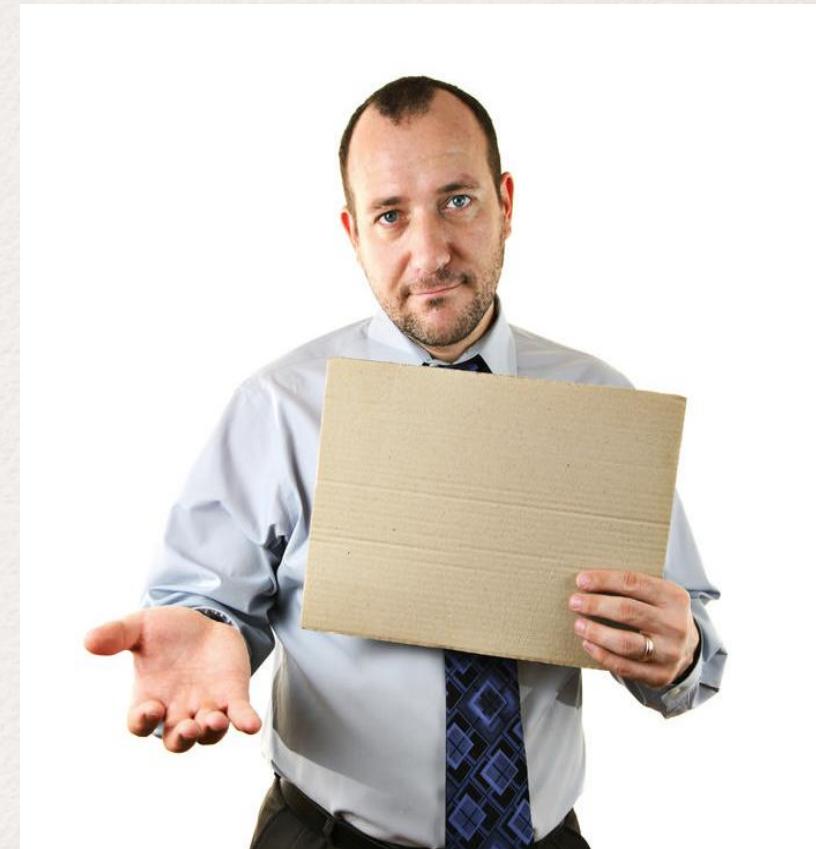
- To increase effectiveness, treatment must go beyond traditional talk and group therapy and incorporate the best science and medicine has to offer.
- This includes providing each individual with Life Care tools they can use to help restore their lives.
- It also requires treating addiction as the chronic disease that it is and offering life-long, personalized disease management.

Get the Help You Need!

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- With nearly 8 in 10 addicts failing to stay sober following treatment, your life depends on getting the right kind of treatment to increase your chance at long-term recovery.
- If you or someone you know is in need of help, make sure you are getting the right kind of help.



- Enterhealth, a Texas alcohol and drug addiction recovery center, offers a customized program at its Life Recovery Center that treats the chronic brain disease of addiction.
- Headquartered in Dallas, Texas, Enterhealth, was founded by a team of distinguished addiction-recovery experts and professionals who hold a vision to provide world-class, affordable and accessible addiction treatment resources and educational tools for persons with alcohol and drug addictions.
- To learn more about Enterhealth, how we treat addiction, and how we provide a better way to recover, please visit <http://www.enterhealth.com/> or call 1-800-388-4601.