

While at The Ranch

What to Bring

We want clients to be comfortable during their stay at The Ranch and encourage them to pack a few personal items.

Bring clothes for approximately 7-14 days. There are laundry rooms available or clients may choose to send clothes out for dry cleaning services. Pack toiletries, extra/special blanket if desired, a small amount of cash or credit cards, special/sentimental items, photos, comfortable clothes, tennis shoes, sweater or jacket depending on season and inside air conditioning temperatures.

- AA, NA, or other recovery related books or literature
- One dozen plain black pens
- Stationery and stamps
- Journal
- Portable stereo (Walkman-type)/I-pod (must have headphones and **no** video or recording capability)
- Musical Instruments
- Family photos

All bedding, towels, pillows, writing materials, and alarm clocks will be provided for each client.

What Not to Bring

For the safety and confidentiality of Enterhealth clients, **please do not bring** the following items:

- Tobacco, alcohol or drug products
- Weapons or firearms
- Laptop computers
- Cellular phones
- Reading materials unrelated to recovery
- Valuables (expensive jewelry, large amounts of cash)
- Videos, DVDs rated higher than PG-13
- Playing cards or games
- Cameras or audio/video/recording equipment
- Aerosol spray products – hairspray, deodorant etc.
- Products containing alcohol in the first 5 ingredients
- Clothing that depicts alcohol, drugs, sex or violence
- Food or beverages

Telephone Policy

The Ranch has open telephone time each morning and evening through generalized access. Enterhealth understands that clients have business issues, legal issues, family issues, etc. outside of treatment and the clinical team will work with you on what additional communication issues you may have.