

The Ranch: An Enterhealth Addiction Treatment Facility

Regardless of the level of addiction, residential care is a critical component to obtaining the coping skills necessary for long-term sobriety and relapse prevention. **The Ranch is a prime example of what a leading drug and alcohol treatment facility can do to help further an addict's recovery goals.**

Situated on 43 acres, just north of the Dallas/Fort Worth metropolitan area, The Ranch is a privately owned, premier adult alcohol and drug addiction treatment center that offers a better way to recover through:

- **Innovative psychotherapeutic techniques utilizing the latest anti-addiction medication**
- **physical wellness program with personalized nutritional regimen**
- **Family therapy and support**
- **12-Step program principles and beliefs**
- **Dual diagnosis for those with both substance use disorders and mental health issues**
- **Withdrawal stabilization (detoxification services)**
- **Relapse prevention**
- **Ongoing life care through Enterhealth.com**

Affordable, accessible and anonymous, The Ranch supplies an environment removed from distractions, completely supportive, safe and serene – providing one of the most innovative addiction recovery treatment programs in the industry. Amenities and activities at The Ranch include:

- Private rooms
- 24-hour nursing supervision
- Full-time addiction psychiatrists
- Fitness center with personal trainer
- Sparkling pool & sundeck
- Personalized wellness & nutrition program
- Sand volleyball
- Horseshoes & putting green
- Walking & running trails
- Dedicated staff of physicians
- Off-campus activities