

A better way to recover your life.



enterhealth

Why Can't You Stop Drinking Alcohol and Using Drugs?



Why can't you stop using drugs and alcohol?

- ✍ Do these words sound familiar?
- ✍ Asked by family, friends or even yourself?
- ✍ A common misconception when it comes to [alcohol and drug addiction](#) is that the choice to stop using is obvious, even simple.
- ✍ However, the reality is that alcohol and drug addiction is a complex and chronic relapsing medical disease.



Addiction is a Disease of the Brain's Reward System



- ✍ Addiction creates a disabling dependence on a behavior or substance that destroys your ability to make rational choices.
- ✍ Similar to chronic diseases like diabetes and asthma, there are treatments available to manage addiction, but like a diabetic, an addict will never be fully cured, and must live a balanced life in recovery.
- ✍ Though relapse is common in addiction, treatment has been proven to be effective for people with chronic addiction; there is hope.

Addiction affects the mind, body, soul and relationships

- ✍ To increase effectiveness, treatment must go beyond traditional talk and group therapy and incorporate the best science and medicine has to offer.
- ✍ This includes providing each individual with [Life Care tools](#) they can use to help restore their lives.
- ✍ It also requires treating addiction as the chronic disease that it is and offering life-long, personalized disease management.

Get the Help You Need!

- ✍ With nearly 8 in 10 addicts failing to stay sober following treatment, your life depends on getting the right kind of treatment to increase your chance at long-term recovery.
- ✍ If you or someone you know is in need of help, make sure you are getting the [right kind of help](#).



About Enterhealth

- ✍ Enterhealth, a [Texas alcohol and drug addiction recovery center](#), offers a customized program at its Life Recovery Center that treats the chronic brain disease of addiction.
- ✍ To learn more about Enterhealth, how we treat addiction, and how we provide a better way to recover, please visit <http://www.enterhealth.com/> or call 1-800-388-4601.
- ✍ Headquartered in Dallas, Texas, Enterhealth, was founded by a team of distinguished addiction -recovery experts and professionals who hold a vision to provide world-class, affordable and accessible addiction treatment resources and educational tools for persons with alcohol and drug addictions.