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Enterhealth Appoints Carlos Tirado as Chief Medical Officer

Dallas (January 14, 2010) – [Enterhealth](#), an addiction disease management company, has appointed [Carlos Tirado, MD, MPH](#), as chief medical officer. Bringing more than 10 years of [substance abuse treatment](#), research and teaching experience to Enterhealth, Dr. Tirado will oversee client medical care at Enterhealth’s Life Recovery Center, a [private residential treatment center](#) located just north of Dallas.

A Dallas native, Dr. Tirado is board certified in general psychiatry and addiction medicine. In addition to his full-time position with Enterhealth, he also serves as a clinical assistant professor of psychiatry at the [University of Texas Southwestern Medical Center at Dallas](#). Additionally, Dr. Tirado is a coalition member of the [Dallas Area Prevention Partnership](#) and is a founding member of the Dallas Coalition for Treatment Improvement. Dr. Tirado’s previous clinical work includes the last four years as medical director of Nexus Recovery Center in Dallas.

“Enterhealth has gained a highly respected professional in Dr. Tirado, who is committed to providing a full [continuum of care](#) to our clients with the most advanced, individualized [treatment for addiction](#), said David Kniffen Jr., president of Enterhealth. “We are extremely fortunate that the success we have experienced since opening our doors in December 2008, combined with the increased demand for our latest science-based treatments, has afforded us the opportunity to grow our clinical expertise and add on-site medical professionals, like Dr. Tirado, who provide [dual diagnosis](#) assessments and success plans for our clients’ individual needs.”

“I am thrilled to join the Enterhealth team because they have a progressive, disease-based approach that is found in only a very small, elite group of science-based treatment providers in the United States,” said Dr. Tirado. “As a researcher, clinician and psychiatrist, I am convinced that outdated approaches for substance dependence recovery must be replaced with advanced, evidence-based approaches that yield more promising results, which is the foundational approach at Enterhealth.”

Dr. Tirado has conducted health disparities research on Hepatitis C treatment in veterans and adolescent addiction supported by the [National Institute on Drug Abuse](#), the [National Center on Minority Health and Health Disparities](#), and the [Robert Wood Johnson Foundation](#). His clinical work has focused on medication assisted treatment of chronic addiction, treatment of chronic pain and co-morbid addiction, treatment of co-occurring psychiatric disorders (dual diagnosis), training addiction professionals and implementation of evidence-based behavioral therapies. Dr. Tirado has published work in the areas of chronic pain, marijuana dependence, opiate dependence, alcohol dependence and cocaine dependence.

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After earning a Bachelor of Arts in biology and liberal arts from the University of Dallas, Dr. Tirado earned a Doctorate of Medicine from the University of Texas Health Science Center in Houston and Community Health Promotion degree from University of Texas School of Public Health. He trained as a resident in psychiatry at UT Southwestern and Parkland Memorial Hospital after which he trained in addiction psychiatry under a fellowship at the [University of Pennsylvania Center for Studies on Addiction](#).

Dr. Tirado is a member of the [American Society of Addiction Medicine](#) (ASAM), [College on Problem of Drug Dependence](#) (CPDD), [American Academy of Addiction Psychiatrists](#) (AAAP), [North and Central Texas Clinical and Translational Services Initiative](#) (NCTCTSI) and [Community Health Research Initiative](#) (CHRI) and is certified on the [American Board of Psychiatry and Neurology](#).

About Enterhealth

Headquartered in Dallas, Texas, Enterhealth, was founded by a team of distinguished addiction recovery experts and professionals who hold a vision to provide world-class, affordable and accessible addiction treatment resources and educational tools to treat the chronic brain disease of addiction.

NOTE TO EDITORS: Dr. Tirado's photograph and more extensive biographical information is available upon request. Please call Martha Cook or Scott Tims at 214-378-7970 x240/x278.

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